

# My Prayer Book

Year 1 and Year 2



**St. Teresa's Catholic  
Primary School**

## **The Sign of the Cross**

In the name of the Father and of the Son and of the Holy Spirit.  
Amen.

## **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen

## **Hail Mary**

Hail Mary, full of grace,  
the Lord is with thee:  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen

## **Glory Be**

Glory be to the Father,  
And to the Son, and to the Holy Spirit.  
As it was in the beginning,  
Is now, and every shall be,  
World without end,  
Amen

## **Morning Prayer**

O my God, you love me  
You are with me night and day.  
I want to love you always  
In all I do and say.  
I'll try to please you Father,  
Bless me through the day.  
Amen

## **Grace before meals**

Bless us, O Lord, and these your gifts  
which we are about to receive from your bounty.  
Through Christ our Lord.  
Amen.

## **Grace after meals**

We give you thanks, Almighty God,  
for all your benefits,  
who live and reign, world without end.  
Amen.

## **End of the Day Prayer**

Dear God our Father, I come to say  
Thank you for your love today. Thank you for my  
family  
And all the friends you give to me. Guard me in the  
dark of night and in the morning send your light.  
Amen

