

Term Dates 2024 – 2025

Easter Holidays 2025:

Break up: Fri 4th April **at 2:30pm**

Return on: Tues 22nd April

Friday 2nd May is a non-pupil day

Monday 5th May is a Bank Holiday

May Half Term 2025:

Break up: Fri 23rd May

Return on: Mon 2nd June

Summer Holidays 2025:

Break up: Fri 18th July **at 2:30pm**

Mon 21st and Tues 22nd July are non-pupil days

Forthcoming Dates for your Diaries



The Tale of the THREE TREES

Wednesday 26th March at 6pm

Thursday 27th March at 2pm

Year 3 & 4 production of The Three Trees

Friday 28th March

Y4 trip to Suffolk Owl Sanctuary

Tues 1st April 3.45 - 6.15pm

Weds 2nd April 5.30 - 8.00pm

Parents' Evenings

Letters giving your appointment date and time have been sent home via the children this week. If you have not yet booked an appointment and would like to see your child's class teacher, please contact the school office ASAP.

Dear Parents, carers and friends,

We began the week thinking about mountains. We thought about their awesome height and how it might feel at the top of a mountain. We explored some famous mountains including those we find in the Bible. It seems that mountains have a religious significance- we wondered why. This was all to set the scene for our scripture story whereby Jesus took two of his disciples up a high mountain and once there Jesus was transfigured in dazzling white light, and a voice spoke from above, 'this is my beloved Son, listen to him.' We know that Jesus was showing his disciples a glimpse of heaven and showing them truly that He was from God. We thought about how we could listen to Jesus, as God instructed, this week at school.



There has been more sporting participation and success this week with Year 5/6 attending a netball tournament on Tuesday, the Sportshall athletics finals in Southend and a Multi-Schools-Council Panathlon held at Colchester Sports Park on Wednesday and a home girls' football match vs Braiswick on Thursday. Representatives from Year 1 and 2 attended 'Change for Life' fitness fun earlier today too! It is wonderful, with thanks to all our volunteers, staff and Mrs Herron's inspirational sporting leadership and Mrs Hale's logistical support, that we are able to attend such a vast variety of events.

Everyone's a learner in school! It was great to see parents attending a workshop organised by Mrs Burrows. Ellie (Neurodiversity Inclusion Facilitator) visited us to deliver a workshop on Emotional Regulation: How to Support Neurodivergent Children with Emotional Processing and Anxiety. Please see the information shared on Seesaw if you would like to find out more.

Mrs Dyball and Mrs Pamment took a group of pupils to Harwich today to take part in a diversity and inclusion festival. They have had a brilliant day and will hopefully be bringing lots of ideas back to school.

We always finish our week at school with a Friday afternoon merit assembly. We had so many pupils to celebrate this week that we had to have an extra-long merit assembly today and even an extra science themed merit assembly on Thursday! Mrs Heath brought the school together to celebrate and showcase the amazing learning that took place during science week. It was great to see representatives from every class presenting their learning and for Mrs Heath to award special super scientist certificates. As I said our merit assembly today was a bumper edition, in addition to our usual certificates there were special badges presented to our oral heath champions, certificates for KS1 pupils that entered the Rotary Club writing competition and lots of sporting participation and success to celebrate as well.

Next week we are looking forward to Aspirations Week orchestrated by Mrs Lewis. We have a range of parents coming to inspire pupils with their jobs and careers.

Thank you to everyone that read and actioned my letter regarding Universal Free Breakfast Club last week (UFBC). I will be writing to all parents next week that use 'Early Bird' breakfast club, after school wrap-around, and those that have signed up to UFBC to explain how the booking system will work, sharing updated terms and conditions and the logistics including location of UFBC. We've been trialing the booking system internally this week and hopefully we're very nearly ready to go live.

I am very excited that next week I will be in the audience watching the Year 3 and 4 Easter production of 'Three Little Trees'. Parents are invited to attend either performance on Wednesday (6pm) and Thursday (2pm). Tickets have been issued today - each child has two tickets for each performance.

Can you believe there are just two weeks left in this term! All parents, carers and parishioners are warmly invited to finish the end of the spring term with us as we meet as a whole school for a stations of the cross service in the Church at 1:30pm on Friday 4th April. Please be aware that school finishes at 2:30pm on the last day of term.

Have a wonderful weekend, God Bless, Mrs Maguire

Attendance Data

94% and below

94 - 97%

97% and above



	Last week %	This week %
Reception	98.67	98.00
Year 1	98.33	94.00
Year 2	98.00	99.00
Year 3	96.88	96.88
Year 4	97.19	98.44
Year 5	93.75	95.00
Year 6	97.81	98.11
Whole School total:	97.20	97.06



Well done to Year 2 for highest attendance this week!

Certificates



Congratulations to the following recipients of certificates!



Catholic Social Teaching

REC Benjamin
 Y1 Bogi
 Y2 Joshua
 Y3 Cormac
 Y4 Alexander
 Y5 Jacob T
 Y6 Rowan

Writer of the week

Noah (Golden Quill)
 Daniel
 Charlie
 Amar'e
 Eva
 Millie
 Nahla

Doing Little Things Well

El-Nathan
 Piniru
 Eliyanah
 Trinity
 Michaiah
 Sofia
 Aoife

Intellectual Curiosity

REC Brooklyn
 Y1 Matilda
 Y2 Simisola
 Y3 Toby
 Y4 Keagan
 Y5 Nuala-Rose
 Y6 Alexandra S

Friendship

Katie
 Layla
 Zohra
 Esther
 Sophie
 Amira
 Charlie

Excellent Manners

Ruben
 Charlotte
 Felicity
 Ethan
 Karena
 Alexandra
 Lewis

Resilience

Ella
 Theo
 Katie
 Alice H
 Charlotte H
 Oscar B
 Caitlin

Breakfast Club

Breakfast club starts at 7.30am.
 Food will be served until
 8.20am only.
 Children will be escorted to class
 at 8.40am

Breakfast club



School Meals

The dinner menus are available
 on the school website and via
 Seesaw



After School Club - 3.15 - 6pm

Places for the after school club
 must be booked via the school
 office.

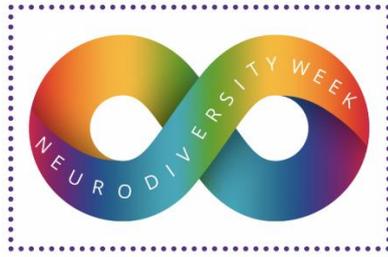


Remember to check
 Seesaw and the website
 for useful information,
 letters and dates!

We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the school and parents should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at inspection reports etc.

Catholic Social Teaching Corner

Neurodiversity Week



We are beautifully made in the image and likeness of God.

This week our Global Assembly focus was on Neurodiversity and was led by our SENDCo Mrs Burrows. She began the assembly by explaining what Neurodiversity Week is all about. Neurodiversity Celebration Week is about celebrating the strengths and talents of people who think and learn differently. It is also about recognising hard work and determination. Neurodiversity Celebration Week is one way of reminding everyone of the importance of being kind and accepting of everyone. She shared different short video clips to support the children's understanding of Neurodiversity and reflected on how we can support each other. The children were reminded that they 'have the power to make a positive difference to someone who may be having a difficult time'.

The children were asked about what makes them special and shared some of their ideas. The children were then asked to think about things they find difficult and some volunteers were happy to share their ideas in front of the school. Mrs Burrow's spoke to the children about how differences in the way our brains are wired means that we may find some things challenging that others find easy. We learned about some famous people including Harry Potter actor Daniel Radcliffe who is dyspraxic and Robbie Williams who is dyscalculic. Mrs Burrow's focused on our Catholic Social Teaching of Human Dignity (everyone is special) and shared Luc the deer's story. She reminded the children that God made each one of us in His image and this means that everyone is special and that we should treat every person the same way we want to be treated.

Loving God,

We believe that each person is special because God made us all.

Help us try to make sure all people are treated with respect and have what they need because God made them too.

Amen

Everyone is special



SCHOOL UNIFORM - SOME REMINDERS

Summer Uniform:

With the sunnier weather we have had a few questions recently about summer uniform.

For your information:

Summer uniform can start to be worn when we return after the Easter holidays. Our summer uniform consists of:

- ❖ Summer dress or skort dress with white socks (Please note that the dress / skort dress must be checked all over - not a plain white top half. No two piece sets either please)
- ❖ Grey skirt, skort, shorts or trousers with grey or white socks
- ❖ St Teresa's Branded polo shirt or a white shirt and tie (NOT a plain white polo shirt as this does not distinguish us from other schools).
- ❖ St Teresa's Branded jumper or cardigan

Our branded polo shirt is available from our uniform supplier Anglia Sports and School Wear. Only branded items need to be purchased directly from the supplier. All other generic items can be purchased from a shop of your choice.

General Uniform Reminders:

- ❖ Long hair should be tied back
- ❖ Nail varnish is not permitted
- ❖ Only one pair of stud earrings can be worn - these MUST be removed for P.E. lessons
- ❖ Shirts and school ties must be worn until after the Easter holidays

Thank you for your continued co-operation in helping us to maintain our high uniform standards.

Mini Vinnies

Thank you to everyone who has already very kindly donated items for the toy sale. We have a wonderful array of items to sort through and I know that many people have asked if they can still bring donations in to school, therefore we have decided to hold the toy sale at the end of the spring term during the week beginning Monday 31st March.

Hopefully this will give you plenty of time to have a spring sort out to look for items to donate and to save up your pennies to purchase a new toy or book at the sale.

If you have any good quality toys / books / teddies / football tops / games / puzzles / Lego that you would like to donate for the sale, please bring them to the office when you can.

We are hoping to be able to use the money raised to support less fortunate children in our local community.

Thank you for your support.

Sweet regards

Mini Vinnies



First Holy Communion

Please see below for the First Holy Communion programme 2024/5

Sessions - 9.15am - 10.45 am St. Teresa's school (pick up from the church)

Communion

22/3/25 - We give thanks & we remember and celebrate.

26/4/25 - We share the bread of life.

17/5/25 - Retreat 10 -2pm (children to bring a packed lunch)

First Holy communion rehearsal

Wednesday 18^h June 2025

6.00pm - Group 1

7.00pm - Group 2

June 21st 2025 - First Holy Communion services at 11am and 2pm

Going Forth Mass - June 29th 2025 at 9.00am



PARISH PILGRIMAGE TO ROME for Jubilee Year of Hope

Fr Riq has asked us to share the following information via our newsletter:

St Teresa's Church Lexden: JUNE 17th - 24th 2025

If you are interested, please contact Katherine Edwards on 07799692045 for further details.

If you require a single room, please contact Katherine as soon as possible due to possible lack of availability.

It also includes attendance to the Diaconate Ordination Mass (only) of our Brentwood Diocesan Seminarian: André Ilies at St Paul's Basilica on the 18th of June at 10am.

Fr Dariusz Krok as Pilgrimage director, with the assistance of Fr Tom Lavin.

KS1 – Young Writer’s Competition Winners



Today we were delighted to welcome Pat Prestney from Colchester Rotary Club to our merit assembly to present certificates and prizes to the Young Writer’s competition winners from KS1.

Huge congratulations to our winners and well done to everyone who took part in the competition.

We are very proud of you all!

Change 4 Life

Today Miss Hilton and Mr Smith accompanied a group of children from Years 1 and 2 to the Change 4 Life Festival at Thurstable School.

The children were great ambassadors for the school and had the best time! They took part in circuit of activities including curling, throwing, team games and obstacle course. Well done to all the children for their excellent attitude towards sport.



PANATHLON CHALLENGE



ON THURSDAY WE WERE VERY LUCKY TO BE INVITED TO THE PANATHLON CHALLENGE EVENT! WE GOT TO PLAY SOME FUN, TEAM SPORTS! THANK YOU TO EVERYONE WHO ORGANISED AND HELPED US GET THERE. ONE OF OUR FAVOURITE GAMES WAS POLYBAT AND CURLING!

PIC • COLLAGE



FOOTBALL ROUND UP

Both our boys and girls football team have represented the school in the past week. We are so incredibly proud of the performance they put in and the sportsmanship they consistently show. The boys lost 3-1 against Camulous and the girls won 2-0 against Braiswick.



FRIENDS OF ST TERESA S

EASTER HAMPER RAFFLE

£1 A TICKET

4 HAMPERS TO BE WON!

Tickets available to purchase on
ParentPay until Easter Sunday, 20th April

**WINNERS WILL BE ANNOUNCED
WEDNESDAY 23RD APRIL**



FRIENDS OF ST TERESA'S, COLCHESTER Charity Number:1206040



Mothers Day CAKE SALE

Friday 28th March

BUY A TREAT FOR SOMEONE SWEET!

FOST will be selling cakes in the playground after school, for you to enjoy or take home and share with someone special.

Cash or card payments!



FRIENDS OF ST TERESA'S, COLCHESTER Charity Number:1206040



EPINS Project

Partnership for Inclusion of Neurodiversity in Schools

This series of jointly run sessions for schools and parents/carers will explore nurturing the unique strengths of neurodiverse children and young people and provide advice and guidance on how to support them with the challenges they face. They aim to promote the use of consistent approaches from home and school. This is to ensure neurodiverse children are happy, healthy, supported and ready to learn and able to engage in the classroom. Any parent or carer is welcome to join regardless of whether their child has a neurodiverse diagnosis.

The recorded content of these sessions has been developed by the Psychology in Schools Team, Norfolk and Suffolk NHS Foundation Trust, and will be facilitated by the EPINS Neurodiversity Inclusion Facilitators, part of Essex Child & Family Wellbeing Services.

BOOKING INSTRUCTIONS
To book your free place

Session 1: Neurodevelopmental Diversity: What Every School and Parent Needs to Know

Tuesday 11th March, 7pm, MS Teams

Session 2: Learning and Executive Functioning How Parents and School Staff can work together to support neurodivergent children

Wednesday 19th March, 7pm, MS Teams

Session 3: Emotional Regulation

How to support Neurodivergent children with emotional processing and anxiety (including how sensory differences may impact in this area)

Thursday 27th March, 7pm, MS Teams

ACL



Join Our Community – ADHD & ASD!

Become part of a community that understands and supports. Our FREE online ADHD, and ASD sessions are more than just learning opportunities—they're a chance to connect, grow, and thrive together.

Understanding ASD in children (a bitesize, online, 1 week session)
Understanding ADHD in children (a bitesize, online, 1 week session)
Understanding ADHD & ASD In Girls (online, 4 sessions over 4 weeks)

Whatever your situation, our non judgemental sessions have got it covered.

Sign Up!
Scan the QR code, or
Visit our website aclessex.com
and type **ASD** or **ADHD** in to the
'Find a course...' box



SCAN ME

COMMUNITY &
FAMILY LEARNING



Essex County Council

ACL

FREE

**FAMILY SUPPORT
SESSIONS FOR PARENT
& CARERS**

ONLINE



**An opportunity for parents/carers, to come along and connect with a community dedicated to positive growth and development.
All sessions are online**

Sibling Rivalry

11/03/2025 1900 - 2100 Search 'Sibling' via our website

Sleep For Wellbeing

13/03/2025 0930 - 1130 Search 'Bitesize Sleep' via our website

Managing Big Emotions

25/03/2025 1900 - 2100 or 28/03/2025 1230 - 1430
Search 'Big Emotions' via our website

Family Wellbeing

27/03/2025 0930 - 1130 Search 'Family Wellbeing' via our website

Visit our website [aclessex.com](https://www.aclessex.com) and type the key words above in to the 'Find a course...' box

**COMMUNITY & FAMILY
LEARNING**


Essex County Council

Essex Fire Museum Open Days



Saturday 29th
March

10:30AM
To
4:00PM

Fire Station, Hogg Lane, Grays
RM17 5QS

Book Now





OPEN EVENING

THURSDAY
24TH APRIL
2025

5PM TO 7PM

COLCHESTER COUNTY HIGH
SCHOOL FOR GIRLS, NORMAN
WAY, CO3 3US

SCAN TO REGISTER



FOR MORE INFORMATION
WWW.COLCHESTERTTC.ORG.UK
01206 364728





**BASED ON THE BEAUTIFUL STORY
'THE RAINBOW FISH' BY MARCUS PFISTER**

CREATIVE ART CLASS FOR ARTISTS AGED 7-11

**AN OPPORTUNITY TO SCULPT, CRAFT AND CREATE AN
ORIGINAL ARTWORK ON CANVAS**

MONDAY 14TH APRIL

**10AM-2 PM £40
BRING A PACKED LUNCH AND
AN APRON
ALL ART MATERIALS
SUPPLIED**

**HYTHE COMMUNITY
CENTRE,
1 VENTURA DRIVE.
CO1 2FG**

**CALL REBEKAH ON 07779086114 OR EMAIL
REBEKAHSTOVOLD@GMAIL.COM
BOOKING EARLY ADVISED, LIMITED SPACES**



CHILD CARE ONLY
£3.85
PER HOUR



EASTER HOLIDAY CLUBS

OUR EASTER CLUBS ARE PERFECT FOR ALL CHILDREN WHO LIKE TO BE ACTIVE AND ON THE MOVE.

Our clubs are a fantastic place for children to meet new friends, have lots of fun, and create wonderful memories! Every day is different, with a mix of fun activities that children may not have tried before – from dodgeball to cricket, basketball to archery.



SCAN HERE TO BOOK YOUR CHILD'S PLACE

or visit premier-education.com/holiday-camps



Based on over 20,000 reviews

YOUR NEAREST HOLIDAY CLUBS...

Colchester:

King's Ford Infant School .✦
10th and 17th April 09:00 – 15:30

Chelmsford:

Galleywood Infant School
7th-10th & 14th-17th April 09:00 – 15:30

Manningtree:

Lawford Primary School .✦
7th-9th & 14th-16th April 08:00 – 17:30

.✦ Accepts tax free payments/childcare vouchers

PLEASE BRING

A packed lunch
Plenty of water
Suitable clothing
Loads of energy!



**SCAN HERE TO BOOK
YOUR CHILD'S PLACE**

or visit premier-education.com/holiday-camps



Based on over 20,000 reviews



EASTER HOLIDAYS COLCHESTER FOOTBALL CAMP

Stanway School, Winstree Road, Colchester CO3 0QA.

2 Day Camps

Mon 7th & Tues 8th • Mon 14th & Tue 15th April

10am-1pm • Age 4-5 years • £20 per day

10am-3pm • Age 6-12 years • £25 per day



⚽ **Book Both Days, Save £10!** ⚽



JOIN OUR COLCHESTER
SCS WHATSAPP GROUP



FOR MORE INFORMATION
ABOUT SCS EVENTS
IN COLCHESTER

PLEASE EMAIL: colchesterscs@gmail.com

or CALL LUKE ON 07593 557556 to book your child's place.

Boys and girls welcome. Packed lunch and drinks bottle required.

Payments can be made by cash or card on the day of camp.

Kit needed: Sports clothing, shin pads, trainers/boots




SCS Coaching



@scscoaches
www.scssports.co.uk



BARRACUDAS

ACTIVITY DAY CAMPS

COMPETITION! WIN A FREE WEEK AT CAMP!

PLUS £250 DONATION FOR YOUR
SCHOOL AND A MINI BILLY TOY!

KIDS COMPETITION

Task: Design a new activity for Easter 2025! ☆

ACTIVITY COULD BE:

- ⦿ Based on existing activity with a twist
- ⦿ Repurposing equipment to play in another way
- ⦿ Add your theme to an activity
- ⦿ An activity you love already which you'd like to see at camp

WE WILL REPLICATE YOUR ACTIVITY IDEA AT CAMP!



barracudas.co.uk
01480 467 567

The UK's favourite
school holiday
activity camp!!!

WIN A
MINI
BILLY!



SCAN ME!



YOUR CHANCE
TO WIN!

ENTRIES SUBMITTED TO
FUN@BARRACUDAS.CO.UK
BY 25TH MARCH

INCLUDE YOUR NAME, AGE
& NAME & LOCATION OF
SCHOOL WITH YOUR
ENTRY!

Winner announced 27th March
Camp open dates 7th - 17th April



OFSTED REGISTERED

