

Term Dates 2024 - 2025

Easter Holidays 2025:

Break up: Fri 4th April **at 2:30pm**
Return on: Tues 22nd April

Friday 2nd May is a non-pupil day
Monday 5th May is a Bank Holiday

May Half Term 2025:

Break up: Fri 23rd May
Return on: Mon 2nd June

Summer Holidays 2025:

Break up: Fri 18th July **at 2:30pm**
Mon 21st and Tues 22nd July are non-pupil days

Forthcoming Dates for your Diaries



The Tale of the THREETREES

**Wednesday 26th /
Thursday 27th March**
Year 3 & 4 production of
The Three Trees

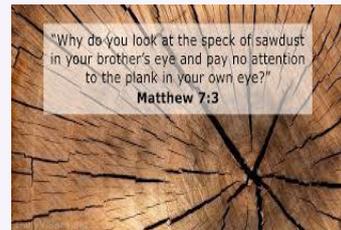
Friday 28th March
Y4 trip to Suffolk Owl
Sanctuary

**Tuesday 1st /
Wednesday 2nd April**
Parents' Evenings
*A letter has been sent out on
Seesaw and further details are
information on how to book is
overleaf.*

Dear Parents, Carers and Friends,

We began the week with collective worship where I spoke to the children about finding fault in others. I asked Cora and Lydia to help me by asking them to compete against each other to clean an imaginary window. Despite both cleaning diligently myself and the audience kept picking fault with their efforts. We explored how this would make people feel.

I shared the saying, 'those that live in glass houses shouldn't throw stones' and we read from Matthew's Gospel, 'why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?' Our aim this week at school was to not pick fault at others, we asked St Teresa who focused on small things with great love to inspire us.



On Wednesday we met collectively again alongside parents and parishioners for Ash Wednesday Mass marking the beginning of the season of Lent. It was a wonderful celebration that starts us off on our journey of charity, prayer and fasting. I was so very impressed with Reception class who sat so well for what is inevitably a longer service than usual. The singing from the whole school was also very heartfelt- we are very grateful Mr Fusi and Mrs Skinner for leading us.

It's been a book filled week at school. We don't just keep WORLD BOOK DAY for a single day but use the whole week, culminating with dress up today to celebrate the wide world of books. This week we had a particular focus on graphic novels and every class has enjoyed exploring this genre. We had some amazing costumes today- thank you parents for always supporting WORLD BOOK DAY so enthusiastically. A big thank you to Mrs Gill who organizes the week.

On Thursday a selection of pupils from Year 5 and 6 took part in Sportshall Athletics tournament. Mrs Lewis tells me they were a pleasure to accompany, they worked hard in their events, supported each other and celebrated each other's successes. Thank you to our many parent volunteers who make our participation possible by volunteering your time and transport.

Next week Year 1 will be hosting a special visitor on Friday afternoon - Sir Bob Russel will be coming in to school to present the children with a special bookmark which commemorates Colchester's association with the nursery rhyme 'Twinkle-Twinkle'.

Have a lovely weekend- I do hope the sun continues to shine!

God Bless, Mrs Maguire

Attendance Data

94% and below

94 - 97%

97% and above



	Last week %	This week %
Reception	92.00	93.67
Year 1	98.00	99.33
Year 2	98.00	96.00
Year 3	98.75	98.75
Year 4	96.88	95.31
Year 5	93.75	96.25
Year 6	96.25	99.06
Whole School total:	96.24	96.93



Well done to Year 1 for highest attendance this week!

Certificates

Congratulations to the following recipients of certificates!



Catholic Social Teaching

REC Victoria
Y1 Scarlett
Y2 Kunmi
Y3 Myles
Y4 Blake
Y5 Sinead
Y6 Nahla

Writer of the week

Oscar
Kester
Delilah
Maddie
Alice
Daniela (Golden Quill)
Mishel

Doing Little Things Well

Rosie
Kucha
Grace
Ethan
Olivia
Eva
Archie

Intellectual Curiosity

REC Harry
Y1 Avryn
Y2 Joshua
Y3 Trinity
Y4 Harry
Y5 Jacob T
Y6 Blake

Friendship

Felix
Oliver
Alice
Eddie
Adriana
Alex N
Lenora

Excellent Manners

Sophie
Jacob
Simi
Lydia
Sia
Margherita
Charlie

Resilience

Luca
Freddie
Charlie
Elijah
Tilly
Pheonix
Aila

Breakfast Club

Breakfast club starts at 7.30am.
Food will be served until
8.20am only.
Children will be escorted to class
at 8.40am

Breakfast club



School Meals

The dinner menus are available
on the school website and via
Seesaw



After School Club - 3.15 - 6pm

Places for the after school club
must be booked via the school
office.



Remember to check
Seesaw and the website
for useful information,
letters and dates!

We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the school and parents should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at inspection reports etc.

Catholic Social Teaching Corner

Science Week



We are guardians of God’s creation, living sustainably and enhancing the wellbeing of our planet.

This week our Global Assembly focus was on Science Week which we will be celebrating next week! Mrs Heath led the assembly as she is of course Queen of Science. Whilst we were coming into assembly she played a video of clips from the past showing people trying and often failing to fly. She spoke about this year’s theme ‘Change and Adaption’ and explained that our science week would be focusing on flight. Mrs Heath focused our minds back to the teachings of God and we thought about our Catholic Social Teaching character – Sofia the Sloth and how she reminds us that God gave us a world that we are guardians of. She reminds us that we need to take care of the planet and live sustainably. With that in mind, Mrs Heath explained to each class that they would be challenged to explore flight in different ways WITHOUT the use of fuel, linking to sustainability. There will be lots of experiments and investigations taking place next week including launching rockets with air, water and fizzy drinks, using air power, creating gliders, parachutes and exploring different wings. There was a buzz of excitement in the hall and I know the children are very excited to explore and compare their findings next week. The teachers and some extra special helpers were also challenged to make the ‘Guinness World Record Paper Aeroplane’ and see which plane flew the furthest in the hall! Perhaps you could have a go at making it at home and see if you can beat the record!

Loving God,

We believe that the world is for everyone.

We thank you for the gift of Creation.

Help us to take care of the planet and all people who live on it.

Amen



CAFOD ICON



On Tuesday each class went to church to see the CAFOD Icon which is on a tour of the country and has been on display in the church this week. The children learned all about the ICON which has been commissioned by CAFOD to commemorate the Jubilee Year of Hope. The icon interprets Jesus' teaching of healing in the Synagogue in Luke 4:16-21. This passage is particularly relevant to the Jubilee given its emphasis on bringing good news to those who are poor, and liberty to those who are captive or oppressed. Mulugeta Araya from Ethiopia was commissioned to paint a reflection of this scripture.

Whilst the children were exploring the painting in church, they were asked to look carefully at the different representations. Each teacher asked questions and encouraged the children to link answers back to what they have been learning in school. All classes are currently completing some work to celebrate their visit and we will share more with you soon!

I saw that Jesus was looking forward because he was looking at us as the Children of God. Jesus wanted to see all of our beautiful faces because he loves and cares for us.

Victoria (Rec)

Jesus is a symbol of power and hope. He guides us through troubles showing his servant leadership. Jesus is an important icon in our lives, and he shows agapeic love for his children (us).

Lisa (Year 6)

I liked the ICON because it had so many different colours and also a very good painting of Jesus.

Grace (Year 2)

In Year 6 we were lucky enough to go to see a beautiful icon. It symbolised that we are all God's children and he loves each and every one of us equally. It showed a lot of people surrounding Jesus, listening to his words being their 'Rabbi'.

When I saw the ICON I thought about how hard the artist worked and how long it took to draw such a beautiful painting.

Joyelaa (Year 1)

WORLD BOOK DAY 2025



WORLD BOOK DAY 2025





FRIDAY 21 MARCH

Your Voice would like your support to raise money for Comic Relief.

Non- uniform day – make a donation to come to school in non-uniform on Friday 21st March, wearing something red or wear an 80s inspired outfit to celebrate 40 years of Comic Relief.

Take part in our **Red Nose Day Quiz** about all things red!
If you get more than 10 answers correct your name will be entered into a draw to win a prize.

The quiz sheets will be handed out on Friday 14th March and will need to be returned by Wednesday 19th March.

£1 to enter

I am juicy, often shiny
and you may eat me
for snack. What am I?!

Have fun on the day at school by taking part in our Red Nose Day Treasure hunt.



A link will be shared on how to donate to Comic Relief nearer the time.

You will of course be welcome to use cash to enter the quiz and make a donation.

Parents' Evenings - Tuesday 1st or Wednesday 2nd April 2025

A reminder that parent's evenings will be take place on Tuesday 1st April (3.45pm - 6.15pm) and Wednesday 2nd April (5.30pm - 8.00pm).

A letter was shared via seesaw earlier in the week giving further details.

Please use the link or QR code below to access a form where you can choose your first and second choice of time slot

<https://forms.office.com/e/DmDr4ZVHsv>



Please ensure that you have made your choices by Friday 14th March as the link will no longer be active after this date.

Letters confirming your appointment date and time will be sent home during the week beginning 24th March.

We look forward to welcoming you all.



PARISH PILGRIMAGE TO ROME for Jubilee Year of Hope

Fr Riq has asked us to share the following information via our newsletter:

St Teresa's Church Lexden: JUNE 17TH - 24TH 2025

If you are interested, please contact Katherine Edwards on 07799692045 for further details.
If you require a single room, please contact Katherine as soon as possible due to possible lack of availability.

It also includes attendance to the Diaconate Ordination Mass (only) of our Brentwood Diocesan Seminarian: André Ilies at St Paul's Basilica on the 18th of June at 10am.

Fr Dariusz Krok as Pilgrimage director, with the assistance of Fr Tom Lavin.

First Holy Communion

Please see below for the First Holy Communion programme 2024/5

Sessions - 9.15am - 10.45 am St. Teresa's school (pick up from the church)

Communion

22/3/25 - We give thanks & we remember and celebrate.

26/4/25 - We share the bread of life.

17/5/25 - Retreat 10 -2pm (children to bring a packed lunch)

First Holy communion rehearsal

Wednesday 18^h June 2025

6.00pm - Group 1

7.00pm - Group 2

June 21st 2025 - First Holy Communion services at 11am and 2pm

Going Forth Mass - June 29th 2025 at 9.00am



Mini Vinnies

Thank you to everyone who has already very kindly donated items for the toy sale. We have a wonderful array of items to sort through and I know that many people have asked if they can still bring donations in to school, therefore we have decided to hold the toy sale at the end of the spring term during the week beginning Monday 31st March.

Hopefully this will give you plenty of time to have a spring sort out to look for items to donate and to save up your pennies to purchase a new toy or book at the sale.

If you have any good quality toys / books / teddies / football tops / games / puzzles / Lego that you would like to donate for the sale, please bring them to the office when you can.

We are hoping to be able to use the money raised to support less fortunate children in our local community.

Thank you for your support.

Sweet regards

Mini Vinnies



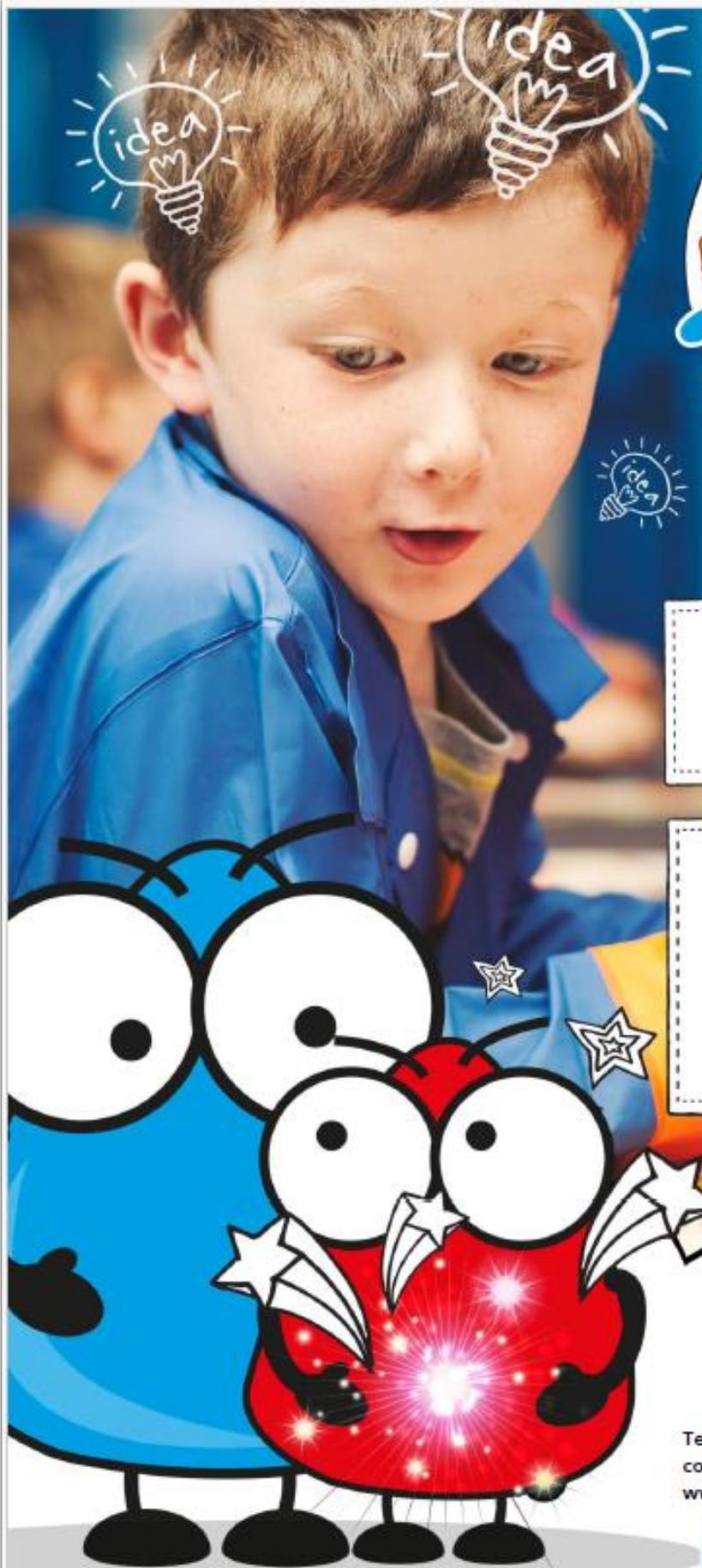


Indoor Athletics 2025

Congratulations to the St Teresa's 2025 team who came first in their events today! They were outstanding athletes who supported each other and other teams. They showed such excellent sporting attitudes today – they should be so proud of themselves! A big thank you to all the adult helpers: Mrs Robinson, Mr Nicholls, Mr Frost and Mr Campbell.



PIC • COLLAGE



**After School
Arts and Crafts Classes.**
Come and join us for the rest of this
term – Slime Making included!!

**Create Club at
St Teresa's Primary School**
Wednesday's 3.20pm – 4.20pm
Few spaces remaining
Book Now!!!

BOOK HERE:
portal.thecreationstation.franscape.io/class-overview/8187

Tel/WhatsApp: 07748 333019
contactus@thecreationstation.co.uk
www.thecreationstation.co.uk



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EPINS Project

Partnership for Inclusion of Neurodiversity in Schools

This series of jointly run sessions for schools and parents/carers will explore nurturing the unique strengths of neurodiverse children and young people and provide advice and guidance on how to support them with the challenges they face. They aim to promote the use of consistent approaches from home and school. This is to ensure neurodiverse children are happy, healthy, supported and ready to learn and able to engage in the classroom. Any parent or carer is welcome to join regardless of whether their child has a neurodiverse diagnosis.

The recorded content of these sessions has been developed by the Psychology in Schools Team, Norfolk and Suffolk NHS Foundation Trust, and will be facilitated by the EPINS Neurodiversity Inclusion Facilitators, part of Essex Child & Family Wellbeing Services.

BOOKING INSTRUCTIONS
To book your free place

Session 1: Neurodevelopmental Diversity: What Every School and Parent Needs to Know

Tuesday 11th March, 7pm, MS Teams

Session 2: Learning and Executive Functioning How Parents and School Staff can work together to support neurodivergent children

Wednesday 19th March, 7pm, MS Teams

Session 3: Emotional Regulation

How to support Neurodivergent children with emotional processing and anxiety (including how sensory differences may impact in this area)

Thursday 27th March, 7pm, MS Teams

EPINS Project

Partnership for Inclusion of Neurodiversity in Schools

Emotional Regulation:

How to Support Neurodivergent Children with Emotional Processing and Anxiety. This will include information on how sensory differences may impact this area.

This workshop will explore why neurodiverse children may develop difficulties with their emotions, including anxiety and low mood, and how schools and parents/carers can support neurodiverse children and young people with managing their big feelings.

When & Where?

Wednesday 19th March 1:30 – 3pm at St Teresa's Catholic Primary School

How do I book my place?

There is no need to book but it would be helpful to know how many people we need to accommodate.

Please email office@st-teresas.essex.sch.uk if you plan/think you may attend.

Thank you

ACL



Join Our Community – ADHD & ASD!

Become part of a community that understands and supports. Our FREE online ADHD, and ASD sessions are more than just learning opportunities—they're a chance to connect, grow, and thrive together.

Understanding ASD in children (a bitesize, online, 1 week session)
Understanding ADHD in children (a bitesize, online, 1 week session)
Understanding ADHD & ASD In Girls (online, 4 sessions over 4 weeks)

Whatever your situation, our non judgemental sessions have got it covered.

Sign Up!
Scan the QR code, or
Visit our website [aclessex.com](https://www.aclessex.com)
and type **ASD** or **ADHD** in to the
'Find a course...' box



SCAN ME

COMMUNITY &
FAMILY LEARNING



Essex County Council

ACL

FREE

**FAMILY SUPPORT
SESSIONS FOR PARENT
& CARERS**

ONLINE



**An opportunity for parents/carers, to come along and connect with a community dedicated to positive growth and development.
All sessions are online**

Sibling Rivalry

11/03/2025 1900 - 2100 Search 'Sibling' via our website

Sleep For Wellbeing

13/03/2025 0930 - 1130 Search 'Bitesize Sleep' via our website

Managing Big Emotions

25/03/2025 1900 - 2100 or 28/03/2025 1230 - 1430
Search 'Big Emotions' via our website

Family Wellbeing

27/03/2025 0930 - 1130 Search 'Family Wellbeing' via our website

Visit our website [aclessex.com](https://www.aclessex.com) and type the key words above in to the 'Find a course...' box

**COMMUNITY & FAMILY
LEARNING**


Essex County Council



OPEN EVENING

THURSDAY
24TH APRIL
2025

5PM TO 7PM

COLCHESTER COUNTY HIGH
SCHOOL FOR GIRLS, NORMAN
WAY, CO3 3US

SCAN TO REGISTER



FOR MORE INFORMATION
WWW.COLCHESTERTTC.ORG.UK
01206 364728



The Essex Local Offer Roadshows for all Schools

The Essex Local Offer Roadshows are back! These are for parents/carers to visit and ask questions about SEND. The date for Colchester is:

- Wednesday 19 March 2025 - Colchester

The morning marketplace is for parents/carers of children with SEND aged 0 to 25. The afternoon marketplace has an early years focus. No booking is needed, just drop in.

Further information can be found by following the link below:

<https://send.essex.gov.uk/i-think-my-child-needs-help/essex-local-offer-roadshows>

Essex County Council
Special Educational Needs
and Disabilities

SPRING TERM
**ESSEX LOCAL
OFFER
ROADSHOWS**



Help us improve our information
Tell us about your experience to help us make our website work better for you



Are you a parent or carer of a young person with special educational needs and disabilities (SEND) aged 0 to 25? Do you want to know what support is available in your area? Come along to one of our Essex Local Offer Roadshows.



You can chat with teams from Education, Health and Social Care, as well as local support groups and activity providers.

 The marketplace is free and there is no need to book. Children are welcome!

 Drop in between 9:30am and 12:30pm

 Book your place on free workshops

Scan the QR Code for all the information, including dates and venues or visit the Essex Local Offer at:
<https://send.essex.gov.uk/i-think-my-child-needs-help/essex-local-offer-roadshows>



In Partnership with



Essex County Council
Special Educational Needs
and Disabilities

EARLY YEARS
**ESSEX LOCAL
OFFER
ROADSHOWS**



Are you a

- parent or carer
- Early Years SENCO
- keyworker

of a child aged 0 to 5 with additional needs? Do you want to know what support is available in your area? Come along to one of our Early Years Essex Local Offer Roadshows.

 The marketplace is free and there is no need to book. Children are welcome!

 Drop in between 1:30pm and 4pm

 Book your place on free workshops

Scan the QR Code for all the information, including dates and venues or visit the Essex Local Offer at:
<https://send.essex.gov.uk/i-think-my-child-needs-help/essex-local-offer-roadshows>



In Partnership with



JOIN
SEND THE RIGHT MESSAGE
CHARITY

Drop-in

SEND
COFFEE MORNING



10AM - 12NOON



Thursday 20th March



STRM Head Office
320D High Road
Benfleet SS7 5HB



info@strmsupport.co.uk



07359 068 827



www.strmsupport.co.uk

St Helena Hospice Hero Run

Hero Run returns on Sunday 23rd March. Dress up as YOUR hero and join Saunders, our mascot, for the 2km family fun run, or race 5km or 10km to support St Helena Hospice!

Adults run for free with children registering for the Family 2km. We will have stalls including fun activities such 'hulk smash' and 'wet sponge throwing', plus we will have music, food and lots to keep everyone entertained.

Your hero could be anyone, whether that's a superhero, sports icon, a family member, a doctor or nurse... after all, not all heroes wear capes! All ages are welcome and the event is open to all ages.

Your participation means more local people can access the St Helena services they need to make their own choices and live with dignity, regardless of diagnosis or personal circumstances.

The event takes place at Colchester Sports Park on Sunday 23rd March with first race commencing at 10am. Below is a link to our website for further information and registration.



St Helena Hospice
For the people you love

Hero Run

Run, walk, or fly across the finish line!

Saturday 23rd March 2025
Colchester Sports Park

Not all heroes wear capes!
Dress up as YOUR hero and join our mascot for the 2km family fun run, or race 5km or 10km to support St Helena Hospice!

Sign up now at:
www.sthelenahospice.org.uk/hero25



Kindly sponsored by **JONES & WATSON**