

ST. TERESA'S CATHOLIC PRIMARY SCHOOL, LEXDEN, COLCHESTER

# Sun Safety Policy



**By Becky Maguire (Headteacher) June 2024**

**Approved by Governors: September 2024**

**To be reviewed Summer Term 2025**

At St Teresa's Catholic Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

### **EDUCATION**

- Staff will be educated about how to be safe in the sun.
- All pupils will have at least one Sun Safety lesson per year.
- We will talk about how to be safe in the sun in assemblies at the start of the summer term and before summer break.
- Parents and carers will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

### **PROTECTION FROM THE SUN OUTDOORS**

#### **Shade**

- When the sun is strong we will encourage pupils to sit/play in the shade where it is available.
- Where possible, outdoor activities will take place in the shade.

#### **Timetabling**

- In the summer months we will aim to schedule outside activities, school trips and PE lessons before 11am and after 3pm if appropriate. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

#### **Clothing**

- When outside in sunny weather, pupils are encouraged to wear hats that cover the ears, face and neck.
- Pupils will be encouraged to wear tops that cover their shoulders (if in non-uniform for any reason).
- Pupils are allowed to wear UV protective sunglasses.
- Staff will be encouraged to wear suitable hats and clothing when on playground duty and teaching outdoors on sunny days to reinforce the sun safety message.
- Uniform sun hats will be available for parents to purchase.

#### **Sunscreen**

- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips.
- Pupils will be asked to bring in their own labelled bottle of sunscreen.
- We will send letters home asking for parents to apply sunscreen to pupils before they come to school when the sun is strong during the summer months.
- We will ask parents to remind children to re-apply sunscreen when necessary.
- We will provide additional sunscreen for all school trips and outdoor events where children may have forgotten, lost or run out of theirs.

#### **UV Monitoring**

- UV levels will be checked daily during the summer term to ensure that appropriate sun safety measures are implemented.

#### **Staff**

- Our staff will model good sun safety measures such as applying sunscreen or wearing a hat.
- Staff will consider the UV forecast and sun protection measures when planning outdoor activities or school trips.

### **School Community**

- We will communicate sun safety information through a range of channels e.g. our website, newsletters, school assemblies and staff meetings.

### **PROTECTION FROM THE SUN INDOORS**

- Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.
- The use of electric lighting will be kept to a minimum during heatwaves.
- All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

### **MAINTAINING CHILDREN'S HEALTH DURING HOT WEATHER CONDITIONS**

- Pupils will be encouraged to eat normally.
- Pupils will be encouraged to bring their own labelled water bottle to school. They will be encouraged to drink plenty of water on hot days.

Policy reviewed: Summer term 2024

Approved by governors: Autumn term 2024

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